

# Student Health Clinic and Counseling

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The goal of the Student Health Clinic is to improve the status of health and ultimately the quality of life of MSU students while they are on campus and as they plan for the future. Focus is on health promotion, risk reduction through surveillance and control of health hazards, health education, and referral to other campus or community services as needs are identified.

The Student Health Clinic is staffed by a nurse practitioner and a registered nurse with referral services as needed. These providers diagnose and treat a variety of acute health problems in an ambulatory clinic setting and make referrals as indicated by the health care needs of students. Student health care is intended to supplement private health care. It is not intended to provide comprehensive medical care.

At the discretion of the Student Health Clinic staff, assistance provided may include, but is not limited to:

- Immunizations and Immune Titers
- Women's healthcare
- Sexually Transmitted Infection education and testing
- Blood pressure monitoring
- General health needs
- Health education/promotion programs
- General sick care
- Prescriptions as necessary
- Tuberculosis screening/testing
- Reporting required illness to public safety agencies
- Reporting required injuries/crimes to public safety agencies
- Sports and employment physicals

## **Immunizations and Tuberculosis Screening: Reference: NDUS Procedure 506.1**

1. Any student enrolled at any NDUS institution shall provide documentation of immunity against measles, mumps, and rubella (MMR). The Chancellor shall adopt procedures implementing this policy.
2. Effective fall 2017, newly admitted students ages 21 and younger shall provide documentation of immunity against meningococcal disease. The Chancellor shall adopt procedures implementing these requirements.
3. Each institution will establish procedures for exemption, which may include students enrolled only in distance learning courses, courses taught off campus, continuing education or noncredit courses, and students in attendance at camps, workshops, or programs and classes delivered under contract to a third party. NDUS benefited employees are exempt from the policy and procedures; however, each institution will implement procedures for staff and faculty enrolled in classes. Institutions may grant additional exemptions upon application to and approval by the authorized institution official under established institution procedures, when:
  - a. Immunization is contraindicated by a medical condition that is certified by a licensed provider;
  - b. The student's beliefs preclude participation in an immunization program; or
  - c. Instances when the student has had one MMR immunization and agrees to have a second one no less than 28 days later.
4. Each institution shall establish procedures for tuberculosis (TB) screening of international students. Testing is required of new students from all countries except those classified by United States health officials as low risk for tuberculosis.

To upload documentation and complete the tuberculosis questionnaire go to [MinotStateU.edu/health/immunization.shtml](https://www.minotstateu.edu/health/immunization.shtml) (<https://www.minotstateu.edu/health/immunization.shtml>). For further information or to schedule an appointment visit the website at [MinotStateU.edu/health/](https://www.minotstateu.edu/health/) (<https://www.minotstateu.edu/health/>), or contact the Student Health Clinic at (701) 858-3371.

## **Counseling Services**

The mission of Minot State University Counseling Services is to empower and advocate for the student's personal and educational development through counseling and educational outreach. We want student experiences here to be positive and growth promoting. Personal counseling services provide free, confidential consultation, intervention, and referral. Counseling sessions are kept in strict confidence within legal and ethical limits. In situations where the problems are more long standing, referrals can be provided for services within the community.

Other services include:

- Educational programming on campus
- In-class presentations on request
- Stress management training
- Residence hall outreach

For further information or to schedule an appointment visit the website at [MinotStateU.edu/counseling/](https://www.minotstateu.edu/counseling/) (<https://www.minotstateu.edu/counseling/>), or contact Counseling Services at (701) 858-3371.